Our medical practice is committed to helping our patients make a smooth transition from pediatric to adult health care.

- We begin at ages 12 to 14 to prepare for the change from a “pediatric” model of care—where parents make most decisions—to an “adult” model of care—where youth take full responsibility for decision-making.

- To accomplish this there will be time during visits with the teen without the parent present. This assists the youth in more independence in their health care.

- At age 18, the youth legally become adults. At that time, the young adult’s consent will be required to discuss any personal health information with family members.

- If the youth has a condition that prevents health care decision making then the parents/caregivers need to consider legal options required to become responsible for the decision-making. This should be accomplished before the youth becomes age 18.

- We will work in partnership with youth and families regarding the age for transferring to an adult provider. We do recommend that this occur before age 22.

- We will assist with this transfer process, including:
  - helping to identify an adult provider;
  - sending medical records; and
  - communicating with the adult provider about the unique needs of each of our patients.

- As always, if you have any questions or concerns, please feel free to contact us.