

## [CNF Transition of Care Toolkit](#)

The Child Neurology Foundation has a [Transition of Care Toolkit](#) as well as a webpage with a host of other resources for making the transition of care process as seamless as possible.

## TRANSITION OF CARE



Child  
Neurology  
FOUNDATION

Creating a Community of Support

## TOOLS PAGE

 [www.childneurologyfoundation.org](http://www.childneurologyfoundation.org)  [@CNFoundation](https://www.facebook.com/CNFfoundation)  [@childneurology](https://twitter.com/childneurology)  [@childneurologyfoundation](https://www.instagram.com/childneurologyfoundation)

## ADVOCACY

Do you want to get involved with [advocacy](#) activities here at the Child Neurology Foundation?

We would love to have you help children with neurologic conditions and their families. Reach out to [jnickrand@childneurologyfoundation.org](mailto:jnickrand@childneurologyfoundation.org) to get involved today!

## SELF-CARE & RESPITE

### [CNF Respite Care Notebook](#)

This tool helps you prepare for a respite care provider and gets everyone on the same page.

## RELATIONSHIPS HARMFUL AND DISRUPTIVE BEHAVIOR

### [CNF Caregiver Course](#)

The Child Neurology Foundation has a course called, "[From Surviving to Thriving](#)." This course is led by a certified counselor and helps families cope with raising a child with complex healthcare needs by providing resources and guidance. Check our [Learning Portal Page](#) to get dates for the next course.

### [CNF Family Support](#)

The Child Neurology Foundation can connect you with other families walking a similar journey. Utilize our Family Support Program to connect.

## MENTAL HEALTH



# Child Neurology FOUNDATION

Creating a Community of Support

## EXTERNAL TOOLS PAGE

[www.childneurologyfoundation.org](http://www.childneurologyfoundation.org)

### Caregiver Toolbox



Organizations and companies who are dedicated to supporting caregivers and their families.

### **TRANSITION OF CARE**



#### International Rett Syndrome Foundation Toolkit

This toolkit is especially helpful for nonspeaking young adults.

### Siblings with a Mission

This international organization provides support groups



### Sibling Support Project

Sibshops provide siblings of kids with disabilities with peer support and information in a lively, recreational setting. Sibshops occur for all ages.



### Raising Children

You will have to make many difficult decisions when raising a child with complex healthcare needs. These decisions can add an extra layer of complexity to your relationships. This website will help you navigate how to work together to support your family.

## SIBLINGS

## RELATIONSHIPS

### National Alliance on Mental Illness



The National Alliance on Mental Illness has resources and guides for parent caregivers to protect and improve their mental health.



### Mental Health America

Mental Health America has crisis lines, mental health tests, and resources and supports for caregivers. You can even locate a therapist through their website.

## MENTAL HEALTH

## SELF-CARE & RESPITE



### Find Respite at Librarey

Librarey can help you find a respite care provider and also a lot of other supports.



### Arch National Respite Network

Arch has a national respite locator service that can help give your family some support. They also have a resource called "ABCs of Respite: A Consumer Guide for Family Caregivers" that can help guide you in choosing a respite care provider and give information about funding and support.

## HARMFUL AND DISRUPTIVE BEHAVIOR

### TSC Alliance



The TSC Alliance has created resources for neuro-psychiatric disorders. While the resource is created for those with TSC, parts can be generally applied to other conditions.

### Cincinnati Children's Behavioral Medicine and Clinical Psychology Department



Cincinnati Children's has an extensive Behavioral Health and ADHD Center. They have patient and family resources as well as camps for children with behavioral concerns. Families can also take courses through the ADHD Center that can help families manage behaviors.